
RECORDS All Club Records
SC Meters-Women

12 & U	50 Free	30.83	13-Oct-01	EIHX	Karen Bennett		
	100 Free	1:06.70	10-Feb-04	EIHX	Helen McRoberts		
	200 Free	2:26.72	3-Dec-01	EIHX	Claire Dow		
	400 Free	5:06.80	20-May-16	EIHX	Carla Lovell	at Swim West Lothian IM Tough 2016	
	800 Free	10:24.30	20-May-16	EIHX	Carla Lovell	at Swim West Lothian IM Tough 2016	
	1650 Free	25:22.80	24-Mar-13		Ailsa Inglis		
	50 Back	34.71	13-Oct-01	EIHX	Karen Bennett		
	100 Back	1:15.50	2-Oct-01		Karen Bennett		
	200 Back	2:42.31	9-Feb-04		Helen McRoberts		
	50 Breast	39.74	20-Nov-16	EIHX	Ines Donald	at Edinburgh & Midlothian Schools	
	100 Breast	1:21.61	2-Dec-17	EIHX	Ines Donald	at Inverleith Club Championships	
	200 Breast	3:02.12	20-May-16	EIHX	Carla Lovell	at Swim West Lothian IM Tough 2016	
	50 Fly	35.14	17-May-13	EIHX	Sophie Hamilton		
	100 Fly	1:13.30	13-Feb-16	EIHX	Adele McDaid	at Sharks Open Meet	
	200 Fly	2:41.59	28-Nov-15	EIHX	Adele McDaid	at East District Age Group Championships	
	100 IM	1:17.65	1-May-16	EIHX	Carla Lovell	at Haddington Total Swimmer Meet	
	200 IM	2:41.55	2-Dec-17	EIHX	Ines Donald	at Inverleith Club Championships	
	400 IM	5:47.79	15-Apr-03		Sally Wood		
	13-13	50 Free	29.71	2-May-04		Sally Wood	
		100 Free	1:03.56	1-Feb-04		Sally Wood	
200 Free		2:18.09	13-Mar-04		Sally Wood		
400 Free		4:50.24	16-Jan-05		Helen McRoberts		
800 Free		9:51.17	3-Apr-04		Sally Wood		
1500 Free		19:04.53	4-Dec-04		Helen McRoberts		
50 Back		34.21	13-Mar-02		Karen Bennett		
100 Back		1:12.09	4-May-02		Karen Bennett		
200 Back		2:42.31	9-Feb-04		Helen McRoberts		
50 Breast		37.85	15-Feb-14	EIHX	Sophie Hamilton	at Sharks Open Meet	
100 Breast		1:19.89	2-May-04		Sally Wood		
200 Breast		2:52.71	13-Mar-04		Sally Wood		
50 Fly		33.30	1-May-16	EIHX	Adele McDaid	at Haddington Total Swimmer Meet	
100 Fly		1:10.55	20-Nov-16	EIHX	Adele McDaid	at Edinburgh & Midlothian Schools	
200 Fly		2:39.79	30-Nov-13	EIHX	Sophie Hamilton	at East District Age Group Championships	
100 IM		1:13.39	1-Nov-03		Sally Wood		
200 IM		2:33.59	9-Feb-04		Sally Wood		
400 IM		5:22.35	3-Apr-04		Sally Wood		
14-14	50 Free	29.75	16-May-04		Sally Wood		
	100 Free	1:03.38	16-Nov-04		Sally Wood		
	200 Free	2:14.32	24-Oct-04		Sally Wood		
	400 Free	4:41.21	24-Oct-04		Sally Wood		
	800 Free	9:39.51	16-Jan-05		Sally Wood		
	1500 Free	18:36.99	4-Dec-04		Sally Wood		
	50 Back	33.53	4-Mar-03		Karen Bennett		
	100 Back	1:11.01	12-Oct-13	EIHX	Claire Dow	at Hearts and Best Premier Age Group Meet	
	200 Back	2:29.33	20-Nov-04		Sally Wood		
	50 Breast	37.74	20-Feb-16	EIHX	Scarlett Donald	at Carnegie Open Spring Age Group Meet	
	100 Breast	1:19.65	3-Oct-04		Sally Wood		
	200 Breast	2:47.33	20-Nov-04		Sally Wood		
	50 Fly	30.86	* 8-Dec-17	EIHX	Adele McDaid	at Scottish National Short Course Open	
	50 Fly	30.86	* 8-Dec-17	EIHX	Adele McDaid	at Scottish National Short Course Open	
	100 Fly	1:09.52	8-Dec-17	EIHX	Adele McDaid	at Scottish National Short Course Open	
	200 Fly	2:33.94	7-Oct-17	EIHX	Adele McDaid	at Hearts Premier Age Group Meet	

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14-14	100 IM	1:10.86	2-Oct-04		Sally Wood		
	200 IM	2:29.77	20-Nov-04		Sally Wood		
	400 IM	5:11.44	15-Jan-05		Sally Wood		
15-15	50 Free	28.84	7-Mar-06		Helen McRoberts		
	100 Free	1:04.17	5-Oct-13	EIHX	Claire Dow at SASA East District SC Time Trial		
	200 Free	2:19.89	30-Nov-13	EIHX	Claire Dow	at East District Age Group Championships	
	400 Free	4:53.87	2-Nov-13	EIHX	Claire Dow	at East District Age Group Championships	
	800 Free	10:06.21	14-May-87		Susan Brown		
	50 Back	33.35	16-May-14	EIHX	Claire Dow at Swim West Lothian IM Tough 2014		
	100 Back	1:10.51	1-Jun-14	EIHX	Claire Dow	at DASC Accredited Time Trial	
	200 Back	2:31.96	16-May-14	EIHX	Claire Dow	at Swim West Lothian IM Tough 2014	
	50 Breast	38.84	7-Mar-06		Helen McRoberts		
	100 Breast	1:22.16	5-Dec-15	EIHX	Eve Lovell	at Inverleith Club Championships	
	200 Breast	3:01.91	14-May-87		Louise Allan		
	50 Fly	31.29	15-Feb-14	EIHX	Claire Dow	at Sharks Open Meet	
	100 Fly	1:09.45	16-May-14	EIHX	Claire Dow at Swim West Lothian IM Tough 2014		
	200 Fly	2:36.66	30-Nov-13	EIHX	Claire Dow at East District Age Group Championships		
	100 IM	1:11.03	7-Mar-06		Helen McRoberts		
	200 IM	2:31.06	21-Jun-14	EIHX	Claire Dow	at ELST Distance Meet 2013	
	400 IM	5:27.29	2-Nov-13	EIHX	Claire Dow	at East District Age Group Championships	
	16-16	50 Free	29.91	12-Jun-11		Moira Watkins	
		100 Free	1:03.28	6-Dec-14	EIHX	Claire Dow	at Club Championships
200 Free		2:15.50	9-Apr-88		Susan Brown		
400 Free		4:37.18	9-Apr-88		Susan Brown		
800 Free		9:19.10	9-Apr-88		Susan Brown		
50 Back		34.74	1-Nov-98		Ailsa Morrison		
100 Back		1:11.54	1-May-94		Michelle Livingston		
200 Back		2:38.84	11-Jun-16	EIHX	Emily Mander	at ELST Distance Meet 2016	
50 Breast		36.73	9-Dec-16	EIHX	Eve Lovell	at Scottish National Short Course	
100 Breast		1:20.30	21-Feb-88		Lynne Sturgeon		
200 Breast		2:51.10	1-May-88		Lynne Sturgeon		
50 Fly		31.77	13-Feb-16	EIHX	Rebecca O'Donnell	at Sharks Open Meet	
100 Fly		1:09.32	11-Dec-15	EIHX	Claire Dow	at Scottish National Short Course Open	
200 Fly		2:36.20	1-May-88		Lynne Sturgeon		
100 IM		1:14.59	21-Oct-17	EIHX	Charlotte Drainer	at Carnegie Winter Open Meet	
200 IM		2:31.10	8-May-88		Lynne Sturgeon		
400 IM		5:20.30	8-May-88		Lynne Sturgeon		
17-18	50 Free	30.21	20-Feb-16	EIHX	Rebecca O'Donnell	at Carnegie Open Spring Age Group Meet	
	100 Free	1:03.28	13-Oct-99		Ailsa Morrison		
	200 Free	2:17.39	8-May-88		Lynne Sturgeon		
	400 Free	4:46.02	8-May-88		Lynne Sturgeon		
	800 Free	9:37.51	6-Aug-88		Lynne Sturgeon		
	50 Back	33.18	31-Jan-15	EIHX	Claire Dow	at ELST Meet	
	100 Back	1:12.29	2-Dec-17	EIHX	Emily Mander	at Inverleith Club Championships	
	200 Back	2:35.57	14-Mar-99		Ailsa Morrison		
	50 Breast	39.46	1-May-95		Laura Connell		
	100 Breast	1:19.83	1-May-86		Lee Cockburn		
	200 Breast	2:57.51	21-Mar-15	EIHX	Claire Dow		
	50 Fly	32.87	31-Jan-15	EIHX	Claire Dow at ELST Meet		
	100 Fly	1:10.50	9-Apr-88		Lynne Sturgeon		
	200 Fly	2:43.66	8-May-88		Lynne Sturgeon		
	100 IM	1:13.61	1-May-95		Laura Connell		
	200 IM	2:33.62	17-May-88		Lynne Sturgeon		

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17-18	400 IM	5:15.61	3-Apr-88	Lynne Sturgeon
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RECORDS All Club Records
SC Meters-Men

12 & U	50 Free	28.75	13-Feb-16	EIHX	Angus Allison	at Sharks Open Meet	
	100 Free	1:03.22	24-Oct-15	EIHX	Angus Allison	at Carnegie Winter Open Meet	
	200 Free	2:12.54	28-Nov-15	EIHX	Angus Allison	at East District Age Group Championships	
	400 Free	4:41.11	31-Oct-15	EIHX	Angus Allison	at East District Age Group Championships	
	800 Free	10:10.63	31-Oct-15	EIHX	Angus Allison	at East District Age Group Championships	
	1500 Free	18:56.67	31-Oct-15	EIHX	Angus Allison	at East District Age Group Championships	
	1650 Free	20:59.80	24-Mar-13		Fraser Allison		
	50 Back	37.90	1-Mar-98	EIHX	Iain MacMillan		
	100 Back	1:11.94	18-Sep-16	EIHX	Cameron Alexander	at Haddington 100s Meet	
	200 Back	2:31.57	28-Nov-15	EIHX	Angus Allison	at East District Age Group Championships	
	50 Breast	36.23	13-Feb-16	EIHX	Angus Allison	at Sharks Open Meet	
	100 Breast	1:17.68	22-Nov-15	EIHX	Angus Allison	at Edinburgh & Midlothian Schools	
	200 Breast	2:44.10	28-Nov-15	EIHX	Angus Allison	at East District Age Group Championships	
	50 Fly	32.27	13-Feb-16	EIHX	Angus Allison	at Sharks Open Meet	
	100 Fly	1:11.60	20-May-16	EIHX	Cameron Alexander	at Swim West Lothian IM Tough 2016	
	200 Fly	2:37.66	28-Nov-15	EIHX	Angus Allison	at East District Age Group Championships	
	100 IM	1:12.77	10-Oct-15	EIHX	Angus Allison	at Hearts Premier Age Group Meet	
	200 IM	2:32.12	11-Jun-16	EIHX	Cameron Alexander	at ELST Distance Meet 2016	
	400 IM	5:15.35	31-Oct-15	EIHX	Angus Allison	at East District Age Group Championships	
	13-13	50 Free	26.56	11-Feb-17	EIHX	Angus Allison	at Sharks Open Meet
		100 Free	1:00.16	20-May-16	EIHX	Angus Allison	at Swim West Lothian IM Tough 2016
		200 Free	2:09.53	20-May-16	EIHX	Angus Allison	at Swim West Lothian IM Tough 2016
		400 Free	4:30.88	11-Jun-16	EIHX	Angus Allison	at ELST Distance Meet 2016
		800 Free	10:06.63	2-Apr-05		Ryan Scott	
1500 Free		17:50.08	20-May-16	EIHX	Angus Allison	at Swim West Lothian IM Tough 2016	
1650 Free		20:38.98	11-May-14	EIHX	Fraser Allison	at Internal Cups 200, 800, 1650	
50 Back		31.79	16-Oct-99		Iain MacMillan		
100 Back		1:06.75	8-Oct-16	EIHX	Angus Allison	at Hearts Premier Age Group Meet	
200 Back		2:25.52	20-May-16	EIHX	Angus Allison	at Swim West Lothian IM Tough 2016	
50 Breast		35.11	15-Feb-14	EIHX	Fraser Allison	at Sharks Open Meet	
100 Breast		1:11.29	23-Oct-16	EIHX	Angus Allison	at ASA National County Teams	
200 Breast		2:39.97	17-Dec-00		Ruariadh Disher		
50 Fly		30.41	8-Oct-16	EIHX	Angus Allison	at Hearts Premier Age Group Meet	
100 Fly		1:07.12	3-Dec-16	EIHX	Angus Allison	at Inverleith Club Championships	
200 Fly		2:31.68	29-Oct-16	EIHX	Cameron Alexander	at Carnegie Winter Open Meet	
100 IM		1:06.53	29-Oct-16	EIHX	Angus Allison	at Carnegie Winter Open Meet	
200 IM		2:17.53	9-Dec-16	EIHX	Angus Allison	at Scottish National Short Course	
400 IM		4:46.84	9-Dec-16	EIHX	Angus Allison	at Scottish National Short Course	
14-14		50 Free	25.33	15-Dec-00		Iain MacMillan	
		100 Free	54.46	16-Dec-00		Iain MacMillan	
		200 Free	1:57.82	17-Dec-00		Iain MacMillan	
		400 Free	4:12.87	15-Dec-00		Iain MacMillan	
		800 Free	8:56.83	26-Nov-16	EIHX	Angus Allison	at EDAG
	1500 Free	17:09.59	26-Nov-16	EIHX	Angus Allison	at EDAG	
	1650 Free	21:38.30	25-Mar-12	EIHX	Mark Reid	at Internal Cups 100,200,800,1650	
	50 Back	30.46	7-Mar-15	EIHX	Joseph Penman	at Lothian Leagues 2015 Round 1	
	100 Back	1:03.31	2-Dec-17	EIHX	Angus Allison	at Inverleith Club Championships	
	200 Back	2:10.83	21-Oct-17	EIHX	Angus Allison	at Carnegie Winter Open Meet	
	50 Breast	34.18	6-May-01	EIHX	Ruariadh Disher		
	100 Breast	1:09.86	2-Dec-17	EIHX	Angus Allison	at Inverleith Club Championships	
	200 Breast	2:38.01	13-Feb-01		Ruariadh Disher		
	200 Breast	2:31.81	14-Jan-17	EIHX	Angus Allison	at East District Age Groups Round 2	

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14-14	50 Fly	28.41	17-Dec-00		Iain MacMillan	
	100 Fly	1:03.69	2-Dec-17	EIHX	Angus Allison	at Inverleith Club Championships
	200 Fly	2:20.83	6-Nov-00		Iain MacMillan	
	100 IM	1:03.57	7-Oct-17	EIHX	Angus Allison	at Hearts Premier Age Group Meet
	200 IM	2:13.99	19-Nov-17	EIHX	Angus Allison	at Edinburgh & Midlothian Schools
	400 IM	5:03.48	13-Feb-11	EIHX	Calum Watkins	at Internal Time Trials
15-15	50 Free	25.66	16-Dec-01		Iain MacMillan	
	100 Free	54.16	22-Nov-01		Iain MacMillan	
	200 Free	1:56.46	17-Feb-01		Iain MacMillan	
	400 Free	4:09.71	16-Dec-01		Iain MacMillan	
	1500 Free	16:44.21	25-Nov-17	EIHX	Angus Allison	at EDAG 17 Round 1
	1650 Free	20:13.98	25-Mar-12	EIHX	Calum Watkins	at Internal Cups 100,200,800,1650
	50 Back	28.94	11-Dec-15	EIHX	Joe Penman	at Scottish National Short Course Open
	100 Back	1:01.37	11-Dec-15	EIHX	Joe Penman	at Scottish National Short Course Open
	200 Back	2:13.98	20-May-16	EIHX	Joe Penman	at Swim West Lothian IM Tough 2016
	50 Breast	32.29	12-Oct-02		Ruariadh Disher	
	100 Breast	1:09.66	4-May-03		Ruariadh Disher	
	200 Breast	2:33.60	2-Nov-02		Ruariadh Disher	
	50 Fly	28.04	16-Dec-01		Iain MacMillan	
	100 Fly	1:02.99	11-Jan-01		Iain MacMillan	
	200 Fly	2:25.36	10-Mar-01		Iain MacMillan	
	100 IM	1:07.53	24-Oct-15	EIHX	Joe Penman	at Carnegie Winter Open Meet
	200 IM	2:17.92	16-Dec-01		Iain MacMillan	
	400 IM	4:37.28	25-Nov-17	EIHX	Angus Allison	at EDAG 17 Round 1
16-16	50 Free	26.16	12-Oct-02		Iain MacMillan	
	100 Free	54.36	18-Oct-02		Iain MacMillan	
	200 Free	1:57.32	31-Jan-02		Iain MacMillan	
	400 Free	4:11.09	9-Feb-03		Iain MacMillan	
	1500 Free	16:42.35	19-May-02		Iain MacMillan	
	1650 Free	20:36.85	25-Mar-12		Alex Maslov	
	50 Back	30.82	12-Oct-02		Iain MacMillan	
	100 Back	1:04.54	4-May-02		Iain MacMillan	
	200 Back	2:19.50	3-Nov-02		Iain MacMillan	
	50 Breast	33.21	9-Nov-97		Craig Angus	
	100 Breast	1:13.96	6-Dec-97		Craig Angus	
	200 Breast	2:42.22	9-Mar-97		Craig Angus	
	50 Fly	28.34	4-May-03		Iain MacMillan	
	100 Fly	1:00.03	9-Feb-03		Iain MacMillan	
	200 Fly	2:13.34	2-Nov-02		Iain MacMillan	
	100 IM	1:05.29	12-May-02		Iain MacMillan	
	200 IM	2:18.74	23-Nov-02		Iain MacMillan	
	400 IM	5:20.00	20-Sep-15	EIHX	Stuart Crawford	at Haddington 100s Meet
17-18	50 Free	25.94	6-Mar-04		Iain MacMillan	
	100 Free	52.31	6-Mar-04		Iain MacMillan	
	200 Free	1:52.24	6-Mar-04		Iain MacMillan	
	400 Free	3:58.64	6-Mar-04		Iain MacMillan	
	800 Free	10:59.72	26-Apr-09		Ryan Scott	
	1500 Free	16:22.37	25-Jun-88		Angus Brown	
	1650 Free	23:01.12	11-May-14	EIHX	Stuart Crawford	
	50 Back	30.01	19-May-17	EIHX	Stuart Crawford	at Swim West Lothian IM Tough 2017
	100 Back	1:02.64	9-Dec-16	EIHX	Stuart Crawford	at Scottish National Short Course
	200 Back	2:13.71	19-May-17	EIHX	Stuart Crawford	at Swim West Lothian IM Tough 2017
	50 Breast	32.54	12-Dec-03		Matt Trodden	

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17-18	100 Breast	1:07.83	12-Dec-03		Matt Trodden	
	200 Breast	2:19.72	12-Dec-03		Matt Trodden	
	50 Fly	27.31	6-Mar-04		Iain MacMillan	
	100 Fly	58.32	6-Mar-04		Iain MacMillan	
	200 Fly	2:40.54	1-May-88		Angus Brown	
	100 IM	1:06.97	15-Jun-08		Ryan Scott	
	200 IM	2:22.34	3-Sep-16	EIHX	Stuart Crawford	at North Ayrshire Distance Meet
	400 IM	5:00.50	3-Apr-88		Angus Brown	