



Help needed!

New members - Kathy Pitcher on 554 0914

Social Committee - If anyone has any suggestions for fund raising opportunities please speak to either Keith Inglis or David Little. They're always on the look out for new ideas (keith.inglis@selex-sas.com).



Keeping in Touch

Notice Board - at Leith Victoria pool

Web-site Swiminverleith.com (updates to Graeme Pitcher djgraeme@rocketmail.com)

Club e-mail list - To communicate as efficiently as possible we have compiled a Club e-mail list. If any new member hasn't already given us their e-mail address or if you change it please contact Keith Inglis at keith.inglis@selex-sas.com so the list can be kept up to date.



Inverleith ASC Newsletter February 2010



Forthcoming competitions / events

February

Sunday 28th HUNTLY AND ANDERSON CUPS

March

Sat/Sun 6th/7th EAST DIST AGE-GROUPS - GLENROTHES (Accredited Times)

Saturday 13th INTERMEDIATE LEAGUES PRESTONPANS (Time Banded)

Sat/Sun 20th/21st PORTOBELLO MAD MARCH MEET PRESTONPANS - 200's

April

Saturday 17th INTERMEDIATE LEAGUES PRESTONPANS (Time Banded)

Sunday 25th INTERNAL CUPS (ROUND 1)

May

Sunday 16th INTERNAL CUPS (ROUND 2)

Sunday 23rd INTERNAL CUPS (ROUND 3)

June

Sunday 6th HUNTLY AND ANDERSON CUPS

Saturday 12th INTERMEDIATE LEAGUES PRESTONPANS (Time Banded)

Sunday 13th INTERNAL CUPS (ROUND 4)



Congratulations!!

For those of you who may not know Janice Naylor one of our Members has been awarded an MBE in the New Year Honours list for her services to swimming. What an achievement!

Kathy Pitcher



Presentation Dance

It was really great to see so many of you at the Dance and I hope you all had a good night. Thank you for the donation of raffle prizes. On your behalf and on behalf of the rest of the Committee I would like to say a very big Thank You to Keith and David, who again put in a lot of work and produced a super spread.. Thanks to Peter for obtaining the use of the Bowling Club.

Kathy Pitcher



Child Protection

Poolside Helpers

Over the years we have tried to encourage our older swimmers to get involved on pool-side. Due to a change in the rules and regulations of the pools and Scottish Swimming we took the decision not to allow under 16's to help in this manner.

We have now revisited this and would like to let you know that we can allow swimmers aged 14 and over to help at Trinity only and currently have 2 girls doing this, which will count towards their Duke of Edinburgh Award.

Anyone interested in following this line must make application in writing to the Club Secretary and following approval by the Committee will be given a start date.

Training

We have heard that in it is likely both Edinburgh Leisure and City of Edinburgh Council will ask for details of Child Protection training when considering their lets. This year they only asked about Child Protection Officer training, but it looks as if that is not going to be enough in future.

The training consists of a 3 hour Safeguarding and Protecting Children workshop. I will give you all the details as soon as I have them.

Kathy Pitcher



Competitions

EAST DISTRICT AGE-GROUPS - Sat/Sun 7th/8th February, Glenrothes

6 swimmers were due to attend the Age-Groups over the 2 days. However due to various reasons only 1 swimmer managed the journey. Calum Watkins swam the 200 IM on Sunday afternoon and had an excellent swim by taking 5 secs. off his PB down to 2.47.58. Well done Calum.

His time is also a Club Record for 12 year old Boys which was previously set in 1999 by Iain Macmillan. Excellent work by dedicated swimmer.

Tom Watson

LOTHIAN CLUB CHAMPS - Sunday 31st January, Prestonpans

More details on this competition will be in the next newsletter.

There were a number of very good swims at this competition, producing 19 PB's (including 8 at 50's) which was quite good considering a lot of the PB's were set as recently as at the Club Championships in December. Unfortunately we were relegated to Division 3 this year.

Tom Watson



Swim Shop

The Club shop has a small permanent stock of floats, pull buoys and fins along with suits in our Club yellow and black. Hats are always available too. Old kit such as fins and Club t-shirts can be sold back to the shop for our second-hand resale. We also keep a selection of goggles. We make a small profit on items sold that contributes to our Club funds so please support the Shop. Prompt payment by cheque payable to IASC is appreciated so that we do not have to chase you.. Give cheques to Kirsty/ Craig Watkins, Keith Inglis or one of the coaches please.

Craig/Kirsty Watkins (443 4252 craig.watkins@familywatkins.org.uk)