

FORTHCOMING EVENTS

JANUARY

Sunday 29th **LOTHIAN CLUB CHAMPS / TELFER CUP PRESTONPANS) - Club Selections**

FEBRUARY

Saturday 4th/
Sunday 5th **EAST DISTRICT AGE-GROUPS CHAMPS - BATHGATE (Qualifying and Accredited Times Required)**
Friday 24th **PRESENTATION DANCE AT PETER'S BOWLING CLUB**

MARCH

Saturday 3rd/
Sunday 4th **EAST DISTRICT AGE-GROUPS CHAMPS - TBC (Currently oversubscribed)**
Saturday 10th **LOTHIAN INTERMEDIATE LEAGUES PRESTONPANS (Time Banded swims)**
Saturday 17th/
Sunday 18th **PORTOBELLO MARCH MEET – PRESTONPANS 8 – 11 yrs 200 IM / FREE and 50's + relays 12 – 15 YRS all 200's + relays**
Saturday 31st **EAST LOTHIAN NOVICE MEET – PRESTONPANS 9/U 25 FLY REMAINDER 50'S 10 YRS ALL 50'S**

CHRISTMAS BREAK

Edinburgh Leisure Pools - The last session before Christmas will be on **Thursday 22 December at Glenogle**. Sessions re-start on **Sunday 8th January 2012 at Leith Victoria**.

School Pools – The last sessions before Christmas will be in the **week ending Friday 16th December** and sessions re-start in the **week commencing Monday 16th January 2012**.

Enjoy the Christmas and New Year break ... and we'll see you all in 2012 ready for another fantastic year of fun, fitness and PBs!!

EASTER CAMP 2012

There are still a few places left for the 2012 Camp at an approximate price of £155. If anyone is interested, please contact Fiona Anderson.



Inverleith ASC Newsletter
December 2011



CLUB CHAMPIONSHIPS

The Club Championships are on Saturday 17th December at Leith Academy. Registration is at 9.45am; warm-up starts at 10am and the competition starts at 10.30am. Swimmers must swim all events for their age group to be eligible for medals. Events are as follows:

Novice (Prep Group swimmers) 25m of each stroke – should be finished in the morning session
8 & under 25m of each stroke
9 & 10 yrs + Masters 50m of each stroke & 100IM
11 & over 100m of each stroke & 200IM

The cafe will operate selling filled rolls and toasties along with home baking (all donations gratefully received), there will be a raffle and tombola and Craig and Kirsty will be there with the gear shop for these last minute stocking fillers.

CHRISTMAS HANDICAP

Fun night of the year!! Starts at 6pm for the warm-up at Leith Victoria for only £2.50 – see you there!!!!

AGM

Inverleith's Annual General Meeting took place on 23rd November. Cameron Watson after many years has decided to take a break from the Committee. On behalf of the Club I would like to thank Cameron for his service to the Club in both the position of Treasurer and President. Karen McRoberts has also decided to stand down.

Norma Wood was elected as President along with Grant Denholm as Vice-President and Gavin Fulton as Treasurer. We have hopefully managed to co-opt two parents to fill the gap on the Committee and will update you in the next newsletter. The Committee members are as follows - Norma, Grant, Gavin, Keith Inglis, Stewart Wilson and myself.

On behalf of the Committee I would like to wish you all a Very Merry Christmas and a Happy and Successful 2012.

FORMER CLUB SWIMMERS

While most parents will not have any knowledge of the following swimmers, I thought a little information about them would be useful for you all to know as they were former swimmers with Inverleith and are still thriving at the top of the sport. These 3 swimmers are currently members of the Scottish Senior Silver Squad:

Iain McMillan (26) - (200 Fly) swimming with Edinburgh University

Sally Wood (21) - (400 IM) now on swimming scholarship at Louisiana State University where she is enjoying better facilities than can be found in Scotland.

Helen McRoberts (20) - (Open Water – ie lochs and sea) with City of Sheffield.

COMPETITIONS

EAST DISTRICT AGE GROUP, GLENROTHES - SATURDAY/SUNDAY 3rd / 4th DECEMBER

Two swimmers attended over the 2 days of events. **Claire Dow** swam 200 Fly on Saturday morning and just shaded her PB but did a PB at the 100 split (1:23.28). In the afternoon she was joined by **Catherine Boyd** and both swam 200 Free. Catherine did a PB time of 2:43.98 while Claire did a PB at 50 split (33.00) and a 3 second improvement at the finish on 2:26.72 in a **CLUB RECORD** time for the 12 YEARS GIRLS for the event. On Sunday morning Claire swam 200 Back and did a PB at 2:44.83 while in the afternoon Catherine had an excellent swim on the 200 Breast when she took 5 secs off for a time of 3:24.36. Congratulations to both swimmers for their endeavours over the weekend. Well done!

LOTHIAN GRADED MEET, PRESTONPANS – SATURDAY 12th NOVEMBER

We had a big entry accepted for this gala which was fantastic. There were 21 swimmers in the morning and 23 in the afternoon. There were only two call-offs, both through illness, and everyone who was meant to be there turned up.

There were some amazing PB's with **Mairi Mulvanny**, **Thomas Anderson** and **Gregor Devine** all taking just over 22secs their 100B/C. **Patrick** produced a super 10sec PB on his 100BR. **Claire Dow** managed to get two 'speeding tickets' for swimming 'too fast'! (Being a Graded Meet there are cut off times on each swim so it is not always the very top swimmers who win everything!) Claire took 8.5 secs off her 100B/C for her first ticket and improved her 50 Fly by 3secs to get her second in the fly final - the 'speeding tickets' were actually very nice medals with 'I swam too fast' on them. **Sophie Hamilton** had an exciting 50F/C final to get first = with a swimmer from Portobello. Both swam 36.50 - a super PB for both.

Although I haven't mentioned everyone's swims individually there were loads of great swims and a big medal tally at the end. Those who were 4th, 5th & 6th got a Lothian Region pen. In total we had **75 PB's** and that is not including any at 50 in the 100m events!!!

Thanks to Keith Inglis for helping on the poolside in the morning and thanks to the swimmers who as well as swimming brilliantly were also really well behaved.

GOLD	SILVER	BRONZE	4th	5th	6th
Catherine Boyd 100B/C	Scott Kerr 100F/C	Tana Reid 100BR	Mark Reid 100BR	Kieran Wilson 100BR	Angus Skakle 50Fly
Scott Kerr 100BR	Kerrie Walker 100BR	Patrick Mulvanny 100BR	Gregor Devine 100B/C	Kieran Wilson 100B/C	Patrick Mulvanny 100B/C
Calum Watkins 100Fly	Fraser Allison 50Fly	Tana Reid 100B/C	Kieran Wilson 100Fly	Kerrie Walker 100Fly	Mark Reid 100Fly
Sophie Hamilton 50F/C	Kerrie Walker 100B/C	Mark Reid 100B/C	Sofia McCorkindale 100BR	Patrick Mulvanny 100Fly	Kerrie Walker 100F/C
Fraser Allison 50F/C	Fraser Allison 50B/C	Joe Penman 50B/C	Kieran Wilson 100F/C	Jonah Walsh 50F/C	Ross Crawford 100F/C
Catherine Boyd 100BR	Tana Reid 100Fly	Fraser Allison 50BR	Mark Reid 200IM	Mark Reid 100F/C	Sophie Hamilton 100IM
Calum Watlins 100F/C		Charles Debeaux 50F/C		Kieran Wilson 200IM	Fraser Allison 100IM
		Claire Dow 100BR			
		Ross Crawford 200IM			

TOO FAST – Claire Dow 100B/C; Claire Dow 50Fly

WELL DONE EVERYONE YOU WERE FANTASTIC!

SWIM SHOP

The Club shop has a small permanent stock of floats, pull buoys, goggles and fins along with suits in our Club yellow and black. Hats are always available too. Old kit such as fins and Club t-shirts can be sold back to the shop for our second-hand resale. We make a small profit on items sold that contributes to our Club funds so please support the Shop. Prompt payment by cheque payable to IASC is appreciated so that we do not have to chase you. Give cheques to Kirsty/ Craig Watkins, Keith Inglis or one of the coaches please.

Craig and Kirsty Watkins (443 4252 craig.watkins@familywatkins.org.uk)

HELP NEEDED

New members - Kathy Pitcher on 554 0914

Social Committee - If anyone has any suggestions for fund raising opportunities please speak to either Keith Inglis or David Little. They're always on the look out for new ideas (keith.inglis@selex-sas.com).

KEEPING IN TOUCH

Notice Board - at Leith Victoria pool

Web-site ..the Club website is at **Swiminverleith.com** (updates to Graeme Pitcher.)

Club e-mail list - We have compiled a Club e-mail list. If anyone hasn't already given us their e-mail address or if you change it please contact Keith Inglis at keith.inglis@selex-sas.com so the list can be kept up to date.