

of his time band.

We had great relay swims with good times from all. Well done to **Kerrie, Laurie** and **Scott Inglis** who all swam twice in their relay teams. A brave effort.

We only had one call off which was through injury. What a difference it makes to have full teams, it is really encouraging for the swimmers.

At the moment I don't have the final placings, we did not come in the first three but acquitted ourselves very well.

Many thanks to all those who helped on the poolside and as timekeepers (we had five in the first session).

Fiona Anderson

HEARTS NOVICE GALA—20 JUNE

Congratulations to all those swimmers taking part in the above event. I understand from Fiona that despite the intense heat on the poolside there were lots of good swims and medals. More details will appear in the next edition of the newsletter after the Summer break.

Chris Moncrieff



Swim Shop

The Club shop has a small permanent stock of floats, pull buoys and fins along with suits in our Club yellow and black. Hats are always available too. Old kit such as fins and Club t-shirts can be sold back to the shop for our second-hand resale. We also keep a selection of goggles. We make a small profit on items sold that contributes to our Club funds so please support the Shop. Prompt payment by cheque payable to IASC is appreciated so that we do not have to chase you. Give cheques to Kirsty/ Craig Watkins, Keith Inglis or one of the coaches please.

Craig and Kirsty Watkins (443 4252 craig.watkins@familywatkins.org.uk)



Help needed!

New members - Kathy Pitcher on 554 0914

Social Committee - If anyone has any suggestions for fund raising opportunities please speak to either Keith Inglis or David Little. They're always on the look out for new ideas (keith.inglis@selex-sas.com).



Keeping in Touch

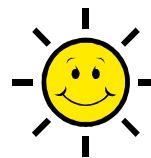
Notice Board - at Leith Victoria pool

Web-site ..the Club website is at **Swiminverleith.com** (updates to Graeme Pitcher.)

Club e-mail list - To communicate as efficiently as possible we have compiled a Club e-mail list. If any new member hasn't already given us their e-mail address or if you change it please contact Keith Inglis at keith.inglis@selex-sas.com so the list can be kept up to date.

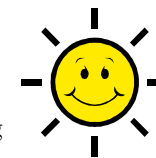


Inverleith ASC Newsletter June 2010



Summer Holidays 2010

Swimming will finish on Tuesday 29th June and will restart on Sunday 1st August. There are no swimming sessions in July.



From 1st August sessions will be as follows:

Sundays 1st & 8th August at Leith Victoria

Prep & Inter 2: 5.00 – 6.00pm Inter 1 & Adv: 6.00 – 7.40pm
(Sunday sessions are back to normal from 15th August.)

Mondays 2nd August onwards at Glenogle

Inter 1 & 2: 8.00 – 9.15pm Adv: 8.00 – 9.30pm
(Inter 2 will go back to Trinity at the beginning of September.)

Tuesdays 3rd August onwards at Glenogle

Inter 1 & 2: 8.00 – 9.00pm Adv: 8.00 – 9.30pm

Thursdays 5th August onwards at Glenogle

Inter 1 & Adv: 8.00 – 9.30pm

Fridays 6th August until beginning September at Leith Victoria

Prep: 6.00 – 7.00pm Inter 1 & 2 & Adv: 6.00 – 7.40pm

Prep will go back to Trinity on Thursdays at the beginning of September

Club Group are welcome to attend all/any of the above sessions

Hopefully everyone will have a great Summer and remember to keep active.

Fiona Anderson



Janice Naylor

You may recall in a previous edition I reported that one of our swimmers had received an MBE. The Committee decided to Present this Trophy to Janice to mark the event. The inscription reads: 'Presented by Inverleith ASC to Janice Naylor in recognition of her MBE for services to swimming'.

Kathy Pitcher, Secretary

(Sally and Norma Wood presented the trophy to Janice at her house. She was totally overwhelmed and said several times "this has made my day and I am so touched. Thank you all very much". She was about to take part in the British Masters - she is now in a new age group being over 70. She said she would be delighted to come to the Club Championships to award some trophies.)

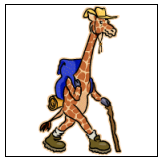


Thank You!

Coming up to the Summer break I would like, on behalf of the members, to thank **Keith Inglis** and **David Little** for the work they do in organising fund raising and social events. To those members and parents who readily (or are pressured) into taking part give yourselves a well deserved pat on the back.

To those who haven't taken part so far can I ask that you try to support these events throughout the year even if it's only for an hour. Every little bit you can do goes a long way to help to keep the Membership and training fee increases to a minimum.

Kathy Pitcher, Secretary



Sponsored Walk—19th June

A fine turnout of about 75 swimmers and their families/friends assembled at midday in the car park of the Cramond Brig Hotel for this year's Sponsored Walk. As the staff at the hotel scurried about manically, preparing for the sudden unexpected influx of lunchtime diners, we trotted off in the opposite direction towards the coast.

The weather was kinder than it has been in recent years, and glorious sunshine coupled with a cool northerly breeze down by the coast ensured that the conditions were as near perfect as we're ever likely to get.

After about 3 hours most of the walkers had arrived at the Scout Hut at Trinity and begun the demolition of the trays of pies and sausage rolls along with a superb selection of home baking.

Then, while the kids headed off to try their hand at limbo dancing and rounders, the adults settled down in the sunshine with a beer or two. Always a good sign that things are going swimmingly. (Sorry!)

To cap off a fine day the guys at last won the tug-o-war after five years of trying, although, as has been pointed out to me all week by my daughter and various other persons of a female persuasion, it was only because

(Ach, it was a rotten excuse and I've forgotten it!)

Thanks to everyone who contributed in any way to help make the day a success, whether it was with home baking, helping dish out the food, or clearing up at the end. And in particular to David Little for helping plan out the route.

One further point I would like to clarify—it was a *limbo* dancing competition we had promised to hold, not a *pole* dancing competition as I overheard someone say.

Sorry if anyone was disappointed but I think that must be a different Club!

Thanks again.

Keith Inglis, IASC Social and Fund Raising Committee



Fund Raising—Bag Packing 5th June

A Bag Packing day at ASDA Leith on Saturday 5th June raised the impressive sum of £751.20 for Club Funds. Many thanks to those kids and parents who turned up to help and managed to find a couple of hours in between their other activities to do their bit for the Club. I know that all of you are involved in various other activities in addition to swimming at weekends so well done. These events are our main method of fund raising and enable us to keep our fees down, so the effort is very much appreciated.

The packers were: **Ellen Black, Andrew Black, Ailsa Inglis, Ross Inglis, Scott Inglis, Mackenzie Sayle, Nicola Ludwig, Sophie Hunt, Phoebe Strachan, Rachel Natta, Kieran Wilson, Chiara Longmore, Katrina Denholm, Mia Fulton, Faye Fulton, Aryan Singh, Poppy White, Catherine Boyd, Andrew Boyd, Alex Dean, Tom Dean, Claire Dow, Sarah Anderson, Niall McRoberts, Louie Gibson, Struan Graven, Louise Currie, Emma Shorter, Gregor Watson, Hannah Watson, Ross Borwick, Marie Lothian, Tana Reid, Hannah Little, Calum Watkins, Moira Watkins.**

Thanks also to the many parents who pitched in along with the kids.

Keith Inglis, Social and Fund Raising Committee



Iain Macfadyen Memorial Gala

This gala is run by the Lothian Region Swim Group in memory of Iain Macfadyen who was a very active teacher and technical official and the Founding President of Inverleith Amateur Swimming Club.

Entries will shortly be made for this event which will be held at the Merket Gait Leisure Centre in Prestonpans. If you are asked to participate, please make every effort to do so in Iain's memory given his connections with the Club.

Peter Allan



Competition Results

LOTHIAN INTERMEDIATE LEAGUES ROUND 3—12th JUNE

This was the third and final round of this year's leagues and we had some cracking swims. For the first time, ever, we had a full 8/9 year old team of **Alex Dean, Faye Fulton, Ailsa Inglis** and **Sarah McFarlane**. All four girls swam very well with a PB from Faye and Sarah.

The 10/11 year olds also had full teams and we had good PB's from **Scott Kerr**, who swam too fast (faster than time band), **Catherine Boyd** and **Mia Fulton** in the 200F/C. Everyone put a lot of effort into their swims.

In the afternoon the older swimmers managed to produce 14 PB's. **Struan Graven** managed to take 22 seconds off his 200IM which is a fantastic achievement; **Ross Crawford** took 17 seconds off his 200IM producing a great new PB and **Calum Watkins** managed to take 5 seconds off his 100B/C and swam out