

The 400 Trophy

6th March 2016

Boys 12 and Over 400 Freestyle	400 time		
	Yards	Metres	
Angus Allison	4.14.72	4.41.46	1st
Stuart Crawford	4.21.41	4.48.85	2nd
Felix Hale	4.33.87	5.02.62	3rd
Cameron Alexander	4.40.25	5.09.67	
Logan Dow	4.46.84	5.16.95	
Joshua Mitchell	4.52.30	5.22.98	
Leo Bryce	5.04.53	5.36.50	
John Mander	5.17.94	5.51.31	
Jack Bennie	5.19.00	5.52.49	
Kerr Duncan	5.34.59	6.09.71	
Gregor Watson	5.40.44	6.16.18	
Hugh Morrow	5.48.84	6.25.46	
Daniel Main	5.55.38	6.32.69	
Dara Guthrie	6.06.59	6.45.07	
Christopher Dick	6.15.41	6.54.82	
Finlay Macdonell	6.16.91	6.56.48	
Aidan Dowie	6.29.44	7.10.32	
Daniel Penman	DNF	DNF	

Girls 12 and Over 400 Freestyle	400 time		
	Yards	Metres	
Adele McDaid	4.53.88	5.24.73	1st
Emily Mander	5.14.40	5.47.40	2nd
Ellie Hunter	5.22.90	5.56.80	3rd
Rachel MacLeod	5.26.26	6.00.51	
Daisy Moll	6.18.37	6.58.09	
Kate Gray	6.36.68	7.18.32	
Florence Metcalfe	6.46.06	7.28.69	
Abbi Reid	7.03.15	7.47.57	
Amy Elvins	7.13.66	7.59.18	