

Intermediate Speed Awards								03/09/2017	
Changes in Bold		50 Metres			Girls		New Awards Highlighted		
Thresholds	Back		Breast		Fly		Free	Overall	
Bronze	60		68		70		57	3 @ Bronze	
Silver	53		59		60		48	3 @ Silver	
Gold	48		54		54		43	3 @ Gold	
Gold+	44		48		47		37	Awarded separately	
	Back		Breast		Fly		Free		Overall
Abbi Reid	41.89	Gold+	48.19	Gold	42.04	Gold+	36.52	Gold+	Gold
Alanna Reid	46.96	Gold	54.56	Silver	50.06	Gold	40.34	Gold	Gold
Annabelle Sellar	48.13	Silver	55.40	Silver	48.52	Gold	43.39	Silver	Silver
Annie Brindle	51.67	Silver	60.64	Bronze	51.89	Gold	44.88	Silver	Silver
Cara Bryce	43.80	Gold+	44.29	Gold+	46.28	Gold+	38.39	Gold	Gold
Daisy Moll	46.90	Gold	52.88	Gold	42.57	Gold+	37.02	Gold	Gold
Ella Bennie	50.10	Silver	54.52	Silver	54.21	Silver	43.09	Silver	Silver
Ella McLoughlin	51.65	Silver	52.21	Gold	53.04	Gold	45.30	Silver	Silver
Elora Anderson	48.98	Silver	57.73	Silver	52.56	Gold	44.09	Silver	Silver
Emily Fairfield	47.58	Gold	56.91	Silver	53.81	Gold	45.38	Silver	Silver
Emily McDonald	44.85	Gold	52.02	Gold	47.88	Gold	38.80	Gold	Gold
Emily Munro	47.30	Gold	58.41	Silver	47.96	Gold	43.52	Silver	Silver
Erika Bosh	46.23	Gold	52.24	Gold	42.45	Gold+	39.72	Gold	Gold
Esther Silvertown	48.65	Silver	48.69	Gold	48.76	Gold	37.81	Gold	Gold
Evie Youngs	41.19	Gold+	48.62	Gold	44.23	Gold+	36.92	Gold+	Gold
Flora Brady	49.35	Silver	53.68	Gold	51.38	Gold	43.75	Silver	Silver
Florence Metcalfe	43.23	Gold+	49.58	Gold	42.51	Gold+	37.26	Gold	Gold
Freya Chambers	51.41	Silver	54.43	Silver	50.45	Gold	44.08	Silver	Silver
Holly Watson	58.96	Bronze	65.17	Bronze	70.08	----	55.34	Bronze	Bronze
Iona Blair	46.75	Gold	49.51	Gold	48.41	Gold	40.61	Gold	Gold
Isabella Black	38.09	Gold+	43.30	Gold+	36.98	Gold+	32.60	Gold+	Gold
Isabelle Roe	38.43	Gold+	47.30	Gold+	41.20	Gold+	35.64	Gold+	Gold
Isla Youngs	49.82	Silver	55.18	Silver	54.97	Silver	43.24	Silver	Silver
Jessica Roe	52.91	Silver	61.07	Bronze	52.90	Gold	45.81	Silver	Silver
Kalitza Walker	47.45	Gold	53.49	Gold	50.32	Gold	40.78	Gold	Gold
Katie Binnie	45.20	Gold	49.66	Gold	47.76	Gold	38.74	Gold	Gold
Katie Mander	46.69	Gold	52.07	Gold	55.72	Silver	43.06	Silver	Silver
Leah Bartlett	49.17	Silver	50.11	Gold	49.48	Gold	42.44	Gold	Gold
Lucy McDonald	39.75	Gold+	46.20	Gold+	38.20	Gold+	34.01	Gold+	Gold
Maddy Ford	43.37	Gold+	49.69	Gold	41.37	Gold+	35.33	Gold+	Gold
Morgan Reid	39.66	Gold+	44.81	Gold+	37.57	Gold+	33.28	Gold+	Gold
Niamh Sullivan	47.72	Gold	56.40	Silver	48.71	Gold	40.72	Gold	Gold
Olivia Boulton	50.14	Silver	63.92	Bronze	60.07	Bronze	48.97	Bronze	Bronze
Polly Thompson	49.04	Silver	51.76	Gold	48.31	Gold	42.36	Gold	Gold
Rose Penman	41.43	Gold+	48.19	Gold	46.18	Gold+	37.38	Gold	Gold
Ruby Doris	49.12	Silver	55.05	Silver	55.30	Silver	46.69	Silver	Silver
Sasha Hale	40.17	Gold+	46.88	Gold+	42.06	Gold+	36.57	Gold+	Gold
Triona Ritchie	57.30	Bronze	68.97	----	69.01	Bronze	55.39	Bronze	Bronze
Vera Kaganskaya	48.10	Silver	57.40	Silver	50.45	Gold	41.06	Gold	Silver