

Intermediate Speed Awards									04/06/2017
Changes in Bold	50 Metres			Girls	New Awards Highlighted				
Thresholds	Back	Breast	Fly	Free	Overall				
Bronze	60	68	70	57	3 @ Bronze				
Silver	53	59	60	48	3 @ Silver				
Gold	48	54	54	43	3 @ Gold				
Gold+	44	48	47	37	Awarded separately				
	Back	Breast	Fly	Free	Overall				
Abbi Reid	42.27	Gold+	49.66	Gold	47.58	Gold	37.29	Gold	Gold
Alanna Reid	46.96	Gold	54.56	Silver	52.45	Gold	42.51	Gold	Gold
Annabelle Sellar	48.31	Silver	58.32	Silver	50.28	Gold	44.51	Silver	Silver
Annie Brindle	53.90	Bronze	63.64	Bronze	60.95	Bronze	51.87	Bronze	Bronze
Cara Bryce	44.90	Gold	45.27	Gold+	48.51	Gold	40.22	Gold	Gold
Daisy Moll	46.90	Gold	52.88	Gold	42.57	Gold+	37.02	Gold	Gold
Ella Bennie	50.10	Silver	54.52	Silver	54.21	Silver	43.09	Silver	Silver
Ella McLoughlin	51.72	Silver	52.21	Gold	53.04	Gold	45.30	Silver	Silver
Emily Fairfield	47.58	Gold	56.91	Silver	53.81	Gold	45.38	Silver	Silver
Emily McDonald	47.79	Gold	52.70	Gold	48.52	Gold	39.67	Gold	Gold
Emily Munro	47.30	Gold	59.15	Bronze	51.62	Gold	44.96	Silver	Silver
Erika Bosh	46.23	Gold	55.44	Silver	46.50	Gold+	40.23	Gold	Gold
Esther Silvertown	48.65	Silver	48.69	Gold	48.76	Gold	37.81	Gold	Gold
Evie Youngs	41.19	Gold+	48.62	Gold	44.23	Gold+	36.92	Gold+	Gold
Flora Brady	49.35	Silver	54.21	Silver	51.38	Gold	43.75	Silver	Silver
Florence Metcalfe	43.23	Gold+	49.58	Gold	42.51	Gold+	37.26	Gold	Gold
Freya Chambers	51.41	Silver	61.91	Bronze	70.41	----	51.45	Bronze	Bronze
Holly Watson	58.96	Bronze	65.17	Bronze	71.75	----	56.19	Bronze	Bronze
Iona Blair	46.75	Gold	49.51	Gold	48.41	Gold	40.61	Gold	Gold
Isabella Black	38.09	Gold+	43.30	Gold+	36.98	Gold+	32.60	Gold+	Gold
Isabelle Roe	38.43	Gold+	47.30	Gold+	41.20	Gold+	35.64	Gold+	Gold
Isla Youngs	50.21	Silver	55.66	Silver	55.72	Silver	45.51	Silver	Silver
Jessica Roe	52.91	Silver	61.23	Bronze	52.90	Gold	46.21	Silver	Silver
Kalitza Walker	47.45	Gold	53.49	Gold	50.32	Gold	40.78	Gold	Gold
Katie Binnie	45.20	Gold	49.66	Gold	47.76	Gold	38.74	Gold	Gold
Katie Mander	46.69	Gold	52.07	Gold	55.72	Silver	43.06	Silver	Silver
Leah Bartlett	49.17	Silver	50.11	Gold	49.48	Gold	42.44	Gold	Gold
Lucy McDonald	39.75	Gold+	46.20	Gold+	38.20	Gold+	34.01	Gold+	Gold
Maddy Ford	43.37	Gold+	49.69	Gold	41.37	Gold+	35.33	Gold+	Gold
Morgan Reid	39.66	Gold+	44.81	Gold+	37.57	Gold+	33.28	Gold+	Gold
Niamh Sullivan	47.72	Gold	56.40	Silver	48.71	Gold	40.72	Gold	Gold
Olivia Boulton	50.14	Silver	63.92	Bronze	60.25	Bronze	48.97	Bronze	Bronze
Polly Thompson	50.21	Silver	51.76	Gold	48.31	Gold	43.37	Silver	Silver
Rose Penman	44.44	Gold	51.01	Gold	49.59	Gold	40.61	Gold	Gold
Ruby Doris	52.03	Silver	59.67	Bronze	59.77	Silver	50.28	Bronze	Bronze
Sasha Hale	40.17	Gold+	46.88	Gold+	42.06	Gold+	36.57	Gold+	Gold
Vera Kaganskaya	48.10	Silver	57.40	Silver	50.45	Gold	41.06	Gold	Silver