In the afternoon we had 5 swimmers taking part in the 10 and 11 year old events. The swimmers between them managed 9 PB's and **Sophie Hamilton** had a super swim to win the Gold in her 50BR.

A great weekend of swimming. Well done to everyone!

Fiona Anderson

# EAST DISTRICT AGE-GROUPS - GLENROTHES 5<sup>th</sup>/6<sup>th</sup> DEC

The 2<sup>nd</sup> weekend of the Championships was cancelled due to the bad weather.

# **Swim Shop**

The Club shop has a small permanent stock of floats, pull buoys and fins along with suits in our Club yellow and black. Hats are always available too. Old kit such as fins and



Club t-shirts can be sold back to the shop for our second-hand resale. We also keep a selection of goggles. We make a small profit on items sold that contributes to our Club funds so please support the Shop. Prompt payment by cheque payable to IASC is appreciated so that we do not have to chase you. Give cheques to Kirsty/ Craig Watkins, Keith Inglis or one of the coaches

please.

Craig and Kirsty Watkins (443 4252 craig.watkins@familywatkins.org.uk)

# **Help needed!**

New members - Kathy Pitcher on 554 0914



**Social Committee** - If anyone has any suggestions for fund raising opportunities please speak to either Keith Inglis or David Little. They're always on the look out for new ideas (keith.inglis@selex-sas.com).

# **Keeping in Touch**

Notice Board - at Leith Victoria pool

**Web-site** ...the Club website is at **Swiminverleith.com** (updates to Graeme Pitcher.)

Club e-mail list - To communicate as efficiently as possible we have compiled a Club e-mail list. If any new member hasn't already given us their e-mail address or if you change it please contact Keith Inglis at <a href="keith.inglis@selex-sas.com">keith.inglis@selex-sas.com</a> so the list can be kept up to date.

MERRY CHRISTMAS





# Inverleith ASC Newsletter December 2010



# **CHRISTMAS HOLIDAYS**

Final training session before Christmas will be on **Tuesday 21<sup>st</sup> December**, weather permitting!!! We will restart on **Sunday 9<sup>th</sup> January**, **2011** at Leith Victoria at usual training times. I hope you all have a very Merry Christmas & a Happy New Year.

Fiona Anderson

# **Forthcoming competitions / events**

Fortncoming competitions / events					
<b>JANUARY</b>					
Sunday	$30^{th}$	LOTHIAN CLUB CHAMPS			
		PRESTONPANS (Individuals plus Relays (2) *			
FEBRUARY					
Saturday/	5th/	EAST DISTRICT AGE-GROUPS CHAMPS -			
Sunday	6th	GLENROTHES (December programme)			
Friday	11 <sup>th</sup>	ANNUAL PRESENTATION DANCE,			
		Carricknowe Bowling Club			
<b>MARCH</b>					
Saturday/	5th/	EAST DISTRICT AGE-GROUPS CHAMPS -			
Sunday	6th	GLENROTHES (February programme)			
Saturday	$12^{th}$	LOTHIAN INTERMEDIATE LEAGUES *			
		PRESTONPANS (Club event - Time Banded swims)			
Saturday/	19th/				
Sunday	20th	GLENROTHES (March programme)			
Saturday/	26th/	WARRENDER JUNIOR AGE GROUP MEET *			
Sunday	$27^{th}$	GLENROTHES 9 – 10 years (Sat) 11 – 12 years (Sun)			
APRIL					
Saturday/		PORTOBELLO MEET AT PRESTONPANS *			
Sunday	3 <sup>rd</sup>	8 – 10 years (Sat) 11 – 15/o (Sun)			
Saturday	16 <sup>th</sup>	LOTHIAN INTERMEDIATE LEAGUES *			
HINE		PRESTONPANS (Club event - Time Banded swims)			
JUNE S	a a th	LOTHEN DEDICATE LE CHEC			
Saturday	$11^{th}$	LOTHIAN INTERMEDIATE LEAGUES *			
NA: 1.11 C.T		PRESTONPANS (Club event - Time Banded swims)			
Middle of June		ACQUANAUTS GRADED MEET AT PRESTONPANS			

Please keep dates marked \* free as it is intended to enter as many swimmers from the Club as possible.



Following our AGM on 24<sup>th</sup> November, I would like to welcome Stewart Wilson to the Committee and thank **Allison Kerr** for her involvement over the past 2 years. **Cameron Watson** remains as President and Treasurer,

**Norma Wood** remains as Vice President and I continue as Secretary. Our other members are **David Little**, **Keith Inglis**, **Grant Denholm** and **Karen McRoberts**. There is still a vacancy and we would be delighted to welcome a new face. Again anyone who would like to get involved please speak to me. The first meeting of our new committee will be on 19<sup>th</sup> January 2011.

Kathy Pitcher

#### **READ THIS!!!! - CLUB CHAMPIONSHIPS**

The annual Club Championships are nearly upon us and will be held on Saturday, 18<sup>th</sup> December, at Leith Academy pool.

The Committee is very pleased to welcome **Mrs Jan Naylor MBE** to the Club Championships. Jan has kindly agreed to present the Trophiesand Medals from the Internal Cups. Jan represents Inverleith in the 65-69 year old age group. Please give Jan a warm welcome.

Kathy Pitcher, Club Secretary

We usually hold a **raffle/tombola** at this event to boost Club Funds and therefore any contributions of prizes for this will be gratefully received. If possible, anyone who wishes to bring along something should just brings it along on the day.

Also, we like to provide some food for the hungry masses so if there are any mums, (or dads!), or indeed swimmers themselves, who can turn their hands to a bit of **home baking** that we can sell then this would also be very much appreciated. All proceeds from sales of teas/coffees/home baking etc will go directly to Club Funds.

If anyone is not going to be at the Championships but would nonetheless like to contribute something then please contact myself or Davie Little.

Keith Inglis, IASC Social & Fund Raising Committee

....and finally - for those swimmers who have trophies they won at last year's Club Championships, please remember to return these at this year's championships so they can be engraved ready to be presented at the Presentation Dance in February.

# **Competition Results**

# EDINBURGH SCHOOLS HEATS: AINSLIE PARK - 1<sup>st</sup> NOVEMBER

23 club swimmers, again an increase in numbers from last year, represented their various schools within Edinburgh. A large number of PB's were recorded so well done to the swimmers and also to the parents who were probably school representatives / coaches as well.

#### LOTHIAN REGION GRADED MEET - PRESTONPANS 13<sup>th</sup> NOV

What a super day we had at Prestonpans. 18 swimmers attended throughout the day - overall there were 54 PB's including 17 @ 50 split with some huge improvements like **Patrick Mulvanny's** 42 sec improvement in his 200IM - fantastic! ...and many others taking 8-9 secs off their times. The Club had 22 finalists with 10 attaining first three places. Well done everyone it was encouraging to see swimmers supporting one another. Thanks to officials who represented the club and to parents attending during the day.

GOLD	Scott Kerr – 100B/C	$5^{th}$	Mark Reid – 100F/C
	Katrina Denholm – 100B/C		Kerrie Walker – 100B/C
SILVER	Scott Kerr – 100IM		Taylor Anderson – 50Fly
BRONZE	E Kieran Wilson – 100F/C		Kieran Wilson – 100B/C
	Kerrie Walker – 100BR		Kieran Wilson – 100Fly
	Ross Crawford – 100BR		Katrina Denholm – 100F/C
	Mackenzie Sayle – 100BR		Ross Crawford – 100F/C
	Ross Crawford – 100Fly	$6^{th}$	Phoebe Strachan – 100BR
	Scott Kerr – 100BR		Katrina Denholm – 200IM
	Mark Reid – 100BR		Kieran Wilson – 200IM
$4^{th}$	Ross Crawford – 100B/C		Taylor Anderson – 100BR
	Mark Reid – 100B/C		•
$5^{th}$ –	Mark Reid – 100F/C		

Congratulations to all who swam & very few call offs which is fantastic. Thanks to Allison and Tom for help on the poolside.

# EIAN PRENTICE MEMORIAL GALA—14th NOVEMBER

We only had six swimmers taking part in this gala as there was a very big entry and a lot of the events were oversubscribed.

The morning saw **Ailsa Inglis** swimming brilliantly to bring back a Gold medal for 50BR, a Silver for 200F/C and Bronze in the 25Fly. Two out of her three swims were PB's. Ailsa was the only 9 year old swimming from Inverleith so Keith very kindly covered the poolside for the morning session. A very productive morning. Well done.