



FORTHCOMING EVENTS

(POSSIBLES FOR INVERLEITH SWIMMERS)

MAY

Saturday 26th/ INCAS DISTANCE /TROJAN TIME BAND
Sunday 27th MIDLOTHIAN MINNOWS – PRESTONPANS

JUNE

Saturday 2nd/ EAST DISTRICT OPEN (with JUNIOR
Sunday 3rd EVENTS) - R.C.P
Sunday 3rd HUNTLY / ANDERSON CUPS
Saturday 9th LOTHIAN INTERMEDIATE LEAGUES – RD 3
Saturday 16th/ EAST LOTHIAN SWIM TEAM DISTANCE
Sunday 17th MEET
Saturday 23rd IASC SPONSORED WALK
Saturday 23rd/ AQUANAUTS DISTANCE MEET
Sunday 24th

SPONSORED WALK REGISTRATION

If you intend joining in with the walk on June 23rd, then either e-mail Keith Inglis (keith.inglis@selexgalileo.com) or put your name up on the list which will be on the Club notice board at Leith Victoria from this weekend.

Please remember to add your name to the list so that we know how many to cater for.

See Keith Inglis or Davie Little for sponsor sheets.

EASTER CAMP 2012

This year we had a smaller group than usual which was lovely, not as many dishes to wash and dry! We also had a few quite young swimmers who were great. But as usual we had a great group of swimmers who kept us very busy all week. They worked hard and played hard.

This year, for the first time ever, we had to change an activity as it was so cold! When the first group came back from kayaking like icicles we made a change for the afternoon group - they did climbing instead - which was still cold but not quite as wet! That was the day that it snowed most of the day, although there was not much lying at Whithaugh Park.

Everyone, including the adults, was very brave and did the zipwire. We also did archery - but funnily enough there were no volunteers to put an apple on their head!

(Little note from the editor here I am sure that if there had been a volunteer, the offer would have been quickly turned down both by Fiona and the Whithaugh Park instructors We need all our swimmers and adult helpers! Just to allay anyone's fears about attending future camps!)

Well that is another Newcastleton been and gone, I don't know where the time goes! I have already had to book for next year!!! Easter holidays are earlier in 2013, so the dates for your diary are 25th to 29th March 2013.

Many thanks to Lana, Keith and David for all their hard work. Hopefully everyone enjoyed themselves.

Fiona

SPONSORED WALK 2012

This year's "Summer Fundraising Event" will again take the form of a Sponsored Walk on **Saturday 23rd June**.

We are going to use the same route as the last couple of years - following part of the Water of Leith Walkway from Colinton Village to Trinity, finishing at the Scout Hut, South Trinity Road, Goldenacre, where we can have something to eat and drink before organising some fun and games. The distance is about 7 miles.

One of the advantages of using this route, apart from it being generally downhill all the way, is that younger ones who can't manage the full 7 miles can join at an appropriate point along the way (eg at Roseburn, which is about half way). This also gives any late comers the chance to join in the fun.

The cost of some food and light refreshments at the Scout Hut will again be covered by the Social Committee this year so entry is free. However, please feel free to bring along something to keep you going along the route.

We also hope to have a home baking stall at the Scout Hut, so donations of home baking which we can sell on the day would be most welcome. All monies collected from sponsorship/home baking will go directly to Club Funds - and it's a lot better fun than bag-packing!

We have enjoyed a large turnout in previous years for this fundraising event, made some money and had a good day out into the bargain. There has again been a steady influx of new members over the year. This event gives newer members a chance to get to know everyone, so although we have followed this route before we hope to see a lot of old as well as new faces. Friends, siblings and other family members are most welcome.

Please try to support this event if you can – the more the merrier! – See details to the left.

Thanks in advance

Keith Inglis, for IASC Social and Fund Raising Committee

COMPETITIONS

MIDLOTHIAN SPRING MEET - SATURDAY/SUNDAY 28th/29th APRIL- PRESTONPANS

This was Midlothian Swimming Club's first Spring Meet with 2 days of competition. Swims were on 100's and 200's and all events were heat declared winner.

Although only 3 Club swimmers (Claire Dow / Sophie Hamilton / Fraser Allison) attended the meet, they swam tremendously well with each in medal placing. In all, they returned with 5 Silver and 1 Bronze medal and a mass of PB's. Bronze Squad times were swum by Sophie on 200 Breast and Fraser also swam a Bronze time on his 200 Back and further improved the Bronze time on 200 Front Crawl.

It was heartening that the swimmers were in attendance at each session by being on the poolside 15 minutes before the warm-up. **Fraser Allison** ended up with 3 Silver for 200 Free / 100 Back and 100 IM. **Claire Dow** with 1 Silver (100 Back) and 1 Bronze 100 Fly) and **Sophie Hamilton** with Silver (100 Breast). 14 swims over the weekend produced 18 PB's which included 3 at 50 and 3 at 100 split of swims.

All three swimmers to be congratulated for their effort and attitude over the 2 days of excellent swimming.

Tom Watson

SWIM SHOP

The Club shop has a small permanent stock of floats, pull buoys, goggles and fins along with suits in our Club yellow and black. Hats are always available too. Old kit such as fins and Club t-shirts can be sold back to the shop for our second-hand resale. We make a small profit on items sold that contributes to our Club funds so please support the Shop. We are usually at Leith on Sundays or you can email us with your order. Payments are made on delivery as there is sometimes a delay if we do not have your item in our stock. Prompt payment by cheque payable to IASC is appreciated so that we do not have to chase you. Give cheques to Kirsty/ Craig Watkins, Judith Hetherington, Keith Inglis or one of the coaches please.

Craig and Kirsty Watkins (craig.watkins@familywatkins.org.uk); Judith Hetherington (Judithhetherington@blueyonder.co.uk)

HELP NEEDED

New members - Kathy Pitcher on 554 0914

Social Committee - If anyone has any suggestions for fund raising opportunities please speak to either Keith Inglis or David Little. They're always on the look out for new ideas (keith.inglis@selexgalileo.com).

KEEPING IN TOUCH

Notice Board - at Leith Victoria pool

Web-site ..the Club website is at **Swiminverleith.com** (updates to Graeme Pitcher.)

Club e-mail list - We have compiled a Club e-mail list. If anyone hasn't already given us their e-mail address or if you change it please contact Keith Inglis at keith.inglis@selex-sas.com so the list can be kept up to date.