



## Swim Shop

A few of our swimmers have ordered the Keifer black suits with yellow stripes so you will be able to see what they look like. We will not be doing another order until August but let us know if you would like one as the more we order at a time the greater the discount we receive - this goes to Club funds. The new order forms are on the notice board and on the Club website. Several people have asked about Club teeshirts (black with the logo). We have a stock of Club polo shirts that were ordered previously and would like to sell these before ordering more stock from Club funds. They are good quality and probably warmer than a teeshirt. We also have the hoodie tops available. If anyone knows of an outlet that would do small numbers of teeshirts at reasonable cost please let us know as our usual supplier only accepts orders of 20 or more and we also have to pay a print cost.

Kirsty & Craig Watkins 443 4252 ([watkins@fish.co.uk](mailto:watkins@fish.co.uk))



## Help needed!

Please remember that if you know of anyone interested in swimming who may like to become part of the club, please encourage them to get in touch with Kathy Pitcher on 554 0914 and come along for a trial ...AND ...

... the Social Committee is always looking for volunteers to help with the fund-raising events. So, if you would like to help or have some good fund-raising ideas, please contact Donald Scott on 0131 339 5432.



## Keeping in Touch

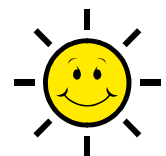
**Notice Board** Just a little reminder, again, to keep an eye on the notice board on a Sunday — all sorts of interesting things are there — competition results, future events, details of courses, volunteer requirements, etc, etc.

**Web-site** ..the address of the Club website is **Swiminverleith.com**. Please visit it to see what's there. Graeme Pitcher deals with the site and he updates as and when he is given the information. So any suggestions you have should be passed on to Graeme.

**Email** ..also, you may be aware that we are attempting to compile a list of email addresses to ease communications of both swimming and social events. So far we have about half of your email addresses — to make this most effective we need a much higher percentage — so please send your email address to Donald Scott using the reference IASC (along with your name) at [donald@roofingandbuildingsupply.co.uk](mailto:donald@roofingandbuildingsupply.co.uk).

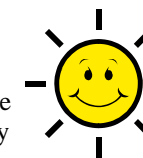


## **Inverleith ASC Newsletter June 2006**



## Summer holidays!

As usual we will have a break over the summer as we all need to recharge our batteries and hopefully enjoy some good weather without having to rush off to a swimming pool!!



### **Last sessions before the break**

- 22.06.06 – Final session at RCP
- 23.06.06 – Final session at Gillespies
- 30.06.06 – Final session at Leith Victoria – open to all swimmers.  
Prep. From 6.00pm – 7.00pm  
Intermediate & Advanced 6.00pm – 7.40pm

**There will be no training from the 1<sup>ST</sup> to the 30<sup>TH</sup> July  
(inclusive)**

### **Sessions will restart as follows**

- Mondays 31<sup>ST</sup> July, 7<sup>TH</sup> & 14<sup>TH</sup> August at Glenogle from 7.45 – 9.30 for Club, Advanced & Intermediate.
  - Tuesdays 1<sup>ST</sup>, 8<sup>TH</sup> & 15<sup>TH</sup> August at Glenogle from 7.45 – 9.30 for Club, Advanced & Intermediate.
  - Fridays 4<sup>TH</sup>, 11<sup>TH</sup> & 18<sup>TH</sup> August at Leith Victoria – Prep from 6.00 – 7.00, Advanced & Intermediate from 6.00 – 7.40.
  - Sundays 6<sup>TH</sup> & 13<sup>TH</sup> August at Leith Victoria – Prep from 4.00 – 5.00, Intermediate from 4.00 – 5.30 & Advanced from 5.00 – 6.40.
- Normal Sunday sessions will start from 20<sup>TH</sup> August & you will be notified when full training restarts.

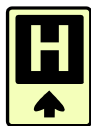
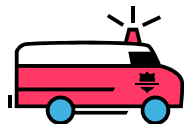
**HAVE A GREAT SUMMER!**



## New Swimmers

Welcome to two newcomers Ben Brown and Kimberley Reed.

## IASC 5K Sponsored Run—Sat 17 June



Well, it's over! But the memory will live on in the legs of many for several days afterwards. Well done to all for completing the course — and to Stuart Currie who thought the 5K too short! But that was just the warm up for the sack race, rounders, tug-o-war (well done to the girls' team!) and much more...

A big thank you to the organisers - Keith, Kathy, Gwen and Donald ... and of course, to everyone who turned up to take part! An update will appear in the next newsletter about the amount of money raised.



## Thank You

Many thanks to all the parents who have expressed an interest in doing the **ASA Club Helper** course. I think there are 10 names on the list. I will sort out a tutor and organise dates for after the Summer as this term has been too busy to fit anything else in.

*Fiona Anderson*

Thanks also to the people who sold the **SASA raffle tickets** - unfortunately the stubs and the money did not tally as the tickets were £1.00 each and therefore the books were £5.00. The Club therefore did not make as much.

*Kathy Pitcher*



## Update on Glenogle Swim Centre

As some of you are aware, Glenogle is due to close for refurbishment but as yet we don't have a definite date. The latest information from Wendy Avinou, the manager, is that she does not envisage the Centre closing before mid October '06.

I will keep you informed whenever I get new information.

*Fiona Anderson*



## Competition News

### **Hearts Novice Meet**

What a great day we had at the above competition. We had 11 swimmers who between them had 41 swims, 36 PB's and 20 medals — WOW!! It was a very well organised gala with a good atmosphere and things were not rushed which was great for swimmers who have never competed or have only done a few competitions.

The relay team of **Alice Spratt, Calum Watkins, Kirsty MacGregor, Blair McDonald, Hannah Little & Scott Inglis** swam extremely well to pick up a silver medal in the 6 x 25 Freestyle Relay. The other results are as follows (I have put in up to 6<sup>th</sup> place):

- |                                      |   |
|--------------------------------------|---|
| 1 <sup>st</sup> Rachel Carter 25 Fly | 3 <sup>rd</sup> Hannah Little 50 Back   |
| Blair McDonald 50 Fly                | Rachel Carter 50 Breast                 |
| Hannah Little 50 Fly                 | Hannah Little 50 Breast                 |
| Calum Watkins 50 Back                | Scott Inglis 50 Breast                  |
| Blair McDonald 50 Back               | Scott Inglis 50 Free                    |
| Scott Inglis 50 Back                 |   |
| Calum Watkins 50 Breast              | 4 <sup>th</sup> Andrew MacGregor 50 Fly |
|                                      | Innes Buckley 50 Breast                 |
| 2 <sup>nd</sup> Calum Watkins 25 Fly | Alice Spratt 50 Free                    |
| Scott Inglis 50 Fly                  | Callum Garvey 50 Free                   |
| Callum Garvey 50 Breast              | Hannah Little 50 Free                   |
| Rachel Carter 50 Free                |   |
| Relay Team                           | 5 <sup>th</sup> Rachel Carter 50 Back   |
|                                      | Alice Spratt 50 Breast                  |
| 3 <sup>rd</sup> Aimee Thomson 25 Fly | Andrew MacGregor 50 Breast              |
| Innes Buckley 50 Fly                 |   |
| Callum Garvey 50 Back                | 6 <sup>th</sup> Aimee Thomson 50 Back   |

Very well done everyone and many thanks to David Little for once again helping on the poolside.

### **Haddington Festival Gala**

Well done all swimmers at the Gala hope you enjoyed it! Well done to **Rachel Carter and Aimee Thomson**, our newest and youngest event swimmers, hope you weren't too nervous and had fun! Good to see and hear such vocal support, especially **Emma McGachie** (prize for loudest scream/voice). There were some great races and the boys under 10 relay was really exciting as were many others. The ever youthful Chris Moncrieff had some great swims and helped the team out no end. Well done all the girls also for some great swims.

Thanks to Keith Inglis - time keeping; Tom Watson - coaching and cards; Chris Moncrieff - coaching and swimming! Thanks for a good night everyone.

*David Little*